



## October - November - December 2024 WORKSHOP DESCRIPTIONS



### *All Ages*

10-17-24: Session I

11-19-24: Session II

#### REVISED VERSION!

Introduction to North Carolina Foundations for Early Learning and Development (NCFELD)

This course will be an introduction to Foundations, North Carolina's Early Learning and Development expectations, how they are structured, and how to implement them in early childhood settings for children birth-five. Participants will construct the knowledge base necessary to support children in their learning and development by embedding the expectations into daily classroom planning and practice.

Cost: \$12.00, .5 CEU earned

Bring cash (exact amount) or check to the training

**Time: 6:30-9:00pm**

**Location: Randleman Community Center, Senior Adults Room**

**144 W. Academy St. Randleman**

**Facilitator: Kristy Umfleet**

11-12-24

Making Family Engagement Meaningful

Are you looking for ways to re-engage families in the post-COVID-19 era? We invite you to participate in a virtual training session where we will share effective strategies for enhancing family engagement. Our discussions will cover how to support the diverse needs of all children and families, raise awareness of our own biases, effectively engage with Dual Language Learners, and understand the impact of media messaging on our teaching methods.

**Time: 6:30-8:30pm**

**Location: Virtual via Zoom**

**Facilitators: Juani Allen/Kristy Umfleet**

### *Conscious Discipline Series*

10-22-24

Conscious Conversations; Making the Shift (All Ages)

Join us as we discuss making the shift from 'traditional' discipline to 'conscious' discipline. We will discuss behaviors that trigger us as educators, learn some new breathing techniques, explore the 'I Love You Rituals', and create a new tool to take back to your classroom.

Together we will learn how to RESPOND rather than REACT to the circumstances around us as we explore the super power of 'Composure'.

11-7-24

Conscious Conversations; Baby Doll Circle Time (Infants-Twos)

Development occurs within the context of relationships. The goal of 'Baby Doll Circle Time' is to enhance the quality of relationships between caregivers and children. Baby Doll Circle Time is an on-going activity that can easily be added to your Infant, Toddler, or Two-Year-Old classrooms. Each participant is encouraged to bring a baby doll or small stuffed animal with them to the session as we learn practical techniques to take back to your classroom.

#### Both Sessions:

**Time: 6:30-8:30pm**

**Location: Harmony Place, 312 W.**

**Ward Street Asheboro**

**Facilitators: Sandy Johnson/Kristy Umfleet**



### *Health & Wellness*

10-24-24

Under Lock and Key

Do you know what needs to be locked up and out of children's reach? Join us for this virtual session that will help us read and understand labels on medicines, paints, air fresheners, and other items so they are stored properly. There will be a fun, interactive game to test your knowledge!

**Time: 6:30-7:30pm**

**Location: Zoom**

**Facilitator: Christin Coats**

11-21-24

Keep Calm and Wash Your Hands

Covid taught us how important it is to wash hands but are you doing it right? This virtual session will cover how and when both children and adults need to wash hands in child care. We will share fun ways to teach and learn this skill in the classroom!

**Time: 6:30-7:30pm**

**Location: Zoom**

**Facilitator: Christin Coats**



### *Virtual Trainings*

In need of training credits? Check these out!

#### FREE

Moodle-

<https://www.dcdde.moodle.nc.gov/>

Early Childhood Investigations

<https://www.earlychildhoodwebinars.com/>

#### For A Small Fee

Transforming Early Childhood Education

<https://transformece.com/>

Southwestern Child Care Commission

<https://www.swcdcinc.org/online-learning>